



DELAWARE VALLEY WRESTLING

19 SENATOR STOUT ROAD
FRENCHTOWN, NJ 08825
TEL: (908) 996-2132 x2179
FAX: (908) 996-4261
ANDYFITZ@DVRHS.ORG
WWW.DELVALWRESTLING.COM

Del Val Summer 2009 (K-8)

	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
June	<i>June 1</i>	<i>June 2</i> Open Mats	<i>June 3</i>	<i>June 4</i> Open Mats	<i>June 5</i>	<i>June 6</i>	<i>June 7</i>
	<i>June 8</i>	<i>June 9</i> Open Mats	<i>June 10</i>	<i>June 11</i> Open Mats	<i>June 12</i>	<i>June 13</i>	<i>June 14</i>
	<i>June 15</i>	<i>June 16</i> Open Mats	<i>June 17</i>	<i>June 18</i> Open Mats	<i>June 19</i>	<i>June 20</i>	<i>June 21</i>
	<i>June 22</i>	<i>June 23</i> Open Mats	<i>June 24</i>	<i>June 25</i> Open Mats	<i>June 26</i>	<i>June 27</i>	<i>June 28</i>
	<i>June 29</i>	<i>June 30</i> Open Mats	<i>July 1</i>	<i>July 2</i> Open Mats	<i>July 3</i>	<i>July 4</i>	<i>July 5</i>
July	<i>July 6</i> DV Clinic	<i>July 7</i> DV Clinic	<i>July 8</i> DV Clinic	<i>July 9</i> DV Clinic	<i>July 10</i> DV Wrestling Picnic	<i>July 11</i>	<i>July 12</i> Round Robin Tournament
	<i>July 13</i>	<i>July 14</i> Open Mats	<i>July 15</i>	<i>July 16</i> Open Mats	<i>July 17</i>	<i>July 18</i>	<i>July 19</i>
	<i>July 20</i> Mt Olive Jr Duals	<i>July 21</i> Open Mats	<i>July 22</i> Mt Olive Jr Duals	<i>July 23</i> Open Mats	<i>July 24</i> Mt Olive Jr Duals	<i>July 25</i>	<i>July 26</i>
	<i>July 27</i>	<i>July 28</i> Open Mats	<i>July 29</i>	<i>July 30</i> Open Mats	<i>July 31</i> 1000 Island Jr Duals	<i>August 1</i> 1000 Island Duals (HS)	<i>August 2</i> 1000 Island Duals (HS)

Open Mats (6:00 - 7:30)

Wrestling room is open to all ages of wrestlers.
New wrestlers are also welcome!

July 20th, 22nd, 24th: Mt Olive Jr. Duals

2 Dual meets per night
Weights: 58, 65, 70, 75, 80, 85, 90, 96, 105,
115, 125, 138, 165

July 6th – 9th: DV Clinic

Wrestling clinic at DV for K - 8 wrestlers.
New wrestlers are also welcome!

**July 31st: 1000 Island Jr Duals
in Clayton, NY**

Team Tournament / 4 or 5 Dual meets
Weights: 80, 86, 92, 98, 105, 112, 119, 127,
135, 145, 155, 165, HWT

**July 12th: Round Robin Tournament
in Clarks Summit, PA**

Grades K – 12, Madison system
3 to 5 matches per wrestler

A TRADITION OF EXCELLENCE

14 SECTIONAL TITLES | 7 GROUP II TITLES | 85 DISTRICT CHAMPS | 34 STATE PLACE WINNERS | 8 NJ STATE CHAMPS